








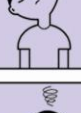




Know the Symptoms **Please keep this for reference**

- Meningitis and septicaemia can be hard to recognise at first. Symptoms can appear in any order, but the first symptoms are usually fever, vomiting, headache and feeling unwell, just like many mild illnesses.
- Red ticks ✓ show symptoms that are more specific to meningitis and septicaemia and less common in milder illnesses. Limb pain and cold hands and feet often appear earlier than rash, neck stiffness, photophobia and confusion.
- Not everyone gets all of these symptoms.
- Septicaemia can occur with or without meningitis.
- In some cases of meningitis, a rash may not appear at all.

	Septicaemia	Meningitis
Fever and/or vomiting 	✓	✓
Severe headache 		✓
Limb/joint/muscle pain <small>(sometimes stomach pain/diarrhoea)</small> 	✓	
Cold hands and feet/shivering 	✓	
Pale or mottled skin 	✓	
Breathing fast/breathless 	✓	
Rash <small>(anywhere on the body)</small> 	✓	✓
Stiff neck <small>(Less common in young children)</small> 		✓
Dislike of bright lights <small>(Less common in young children)</small> 		✓
Very sleepy/vacant/difficult to wake 	✓	✓
Confused/delirious 	✓	✓
Seizures (fits) may also be seen 		✓